

Our Timetable for this week

	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
9:30- 9:50		Rise and Shine Social 		Rise and Shine 	
10:00- 10:25		Zumba 		Advocacy 	
10:30- 11:10		Drama 		Free for you to do your own activity	
11:15- 11:55		Choir 		Dance (11:00) 	

<p>12:00- 12:25</p>		<p>Sports</p> 		<p>Sports</p> 	
<p>12:30- 13:00</p>		<p>Yoga</p> 		<p>Relaxation</p> 	
<p>13:00- 13:45</p>		<p>Bingo</p> 		<p>Disco</p> 	
<p>14:00- 15:00</p>			<p>Voices</p> 		