Our Timetable for this week

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	Mon Time Wood This Fri Sort Sun	Man Too Need The Fit See Sun	Man Too Wed that Fit Sur Sun	Man Toe Wed The Fri Sot Sun	Man Tue Wed Thu Pri Sat Sun
	Monday	Tuesday	Wednesday	Thursday	Friday
9:30-	Rise and Shine	Rise and Shine Social	Rise and Shine Social	Rise and Shine Social	NO ZOOM
9:50	31.	314		17	CLASSES
3.30	C	C C	C	d and	3
10:00-	Drama	Dance	Art with Emma	Advocacy	
	43. 18			People 1st	
10:45					
	Why M				
		<i>y</i>		, , ,	
11:00-	Free for you to	Zumba (with Saran)	Operation Transformation	Choir (with David)	
11:45	do your own		O TOP	73 m	
11.43	activity	SVMBA	The same of the sa		
		fitness	IS FORMA	answer of any first the second of the second	
12:00-	Yoga	Sports	Sports	Sports	
12:45					
	3				
13.00-	Free for you to	Bingo	Book Club	Relaxation with OT	
	do your own	UNGO	Books		
13.45	activity	B			

14:00- 14:45	Quiz QUIZ!	Free for you to do your own activity	Gardening Group	Free for you to do your own activity	
	11 11 11 11 11		\$17		
18:00- 19:00				Evening Disco	
19:00-	Voices				
20:00	People 1st				