

Our Timetable for this week

	 <p>Monday</p>	 <p>Tuesday</p>	 <p>Wednesday</p>	 <p>Thursday</p>	 <p>Friday</p>
9:30-9:50	<p>Rise and Shine</p> 	<p>Rise and Shine Social</p> 	<p>Rise and Shine Social</p> 	<p>Rise and Shine Social</p> 	<p>NO ZOOM CLASSES</p>
10:00-10:45	<p>Drama</p> 	<p>Dance</p> 	<p>Art with Emma</p> 	<p>Advocacy</p> 	
11:00-11:45	<p>Free for you to do your own activity</p>	<p>Zumba (with Saran)</p> 	<p>Operation Transformation</p> 	<p>Choir (with David)</p> 	
12:00-12:45	<p>Yoga</p> 	<p>Sports</p> 	<p>Sports</p> 	<p>Sports</p> 	
13.00-13.45	<p>Free for you to do your own activity</p>	<p>Bingo</p> 	<p>Book Club</p> 	<p>Relaxation with OT</p> 	

14:00-14:45	Quiz 	Free for you to do your own activity	Gardening Group 	Free for you to do your own activity	
18:00-19:00				Evening Disco 	
19:00-20:00	Voices 				