







Our Timetable for this week

	 <p>Monday</p>	 <p>Tuesday</p>	 <p>Wednesday</p>	 <p>Thursday</p>	 <p>Friday</p>
9:30-9:50	<p>Rise and Shine Social</p> 	<p>Rise and Shine Social</p> 	<p>Rise and Shine Social</p> 	<p>Rise and Shine Social</p> 	<p>Rise and Shine Social</p> 
10:00-10:45	<p>Drama</p> 	<p>Dance</p> 	<p>Art with Emma</p> 	<p>Advocacy</p> 	<p>Jobs Club</p> 
11:00-11:45	<p>Free for you to do your own activity</p>	<p>Zumba (with Saran)</p> 	<p>Operation Transformation</p> 	<p>Choir (with David)</p> 	<p>Lámh</p> 
12:00-12:45	<p>Yoga</p> 	<p>Sports</p> 	<p>Sports</p> 	<p>Sports</p> 	<p>Karate (with Martin)</p> 
13.00-13.45	<p>Cooking</p> 	<p>Story Corner</p> 	<p>Book Club</p> 	<p>Relaxation with OT</p> 	<p>Friday Mini Disco</p> 

14:00-14:45	<div>Quiz</div> <div></div>	<div>SONAS</div> <div></div>	<div>Gardening Group</div> <div></div>	<div>Earth Day Quiz</div> <div></div>	<div>Free for you to do your own activity</div>
18:00-18:45		<div>Evening Exercise with Paul</div> <div></div>		<div>Evening Exercise with Paul</div> <div></div>	